

Spring Festival of Awareness

April 23, 24 & 25

26th
Annual Celebration

at

Naramata

BC

Register
before March 15
Adults pay \$140
Seniors/Teens \$115

Over 50 Workshops

Opening & Closing
Ceremonies

Sunrise Meditations
& Tai Chi

Networking Opportunities

A Healing Oasis
A Festival Store & more

1-888-756-9929

Visit us on the web:
issuesmagazine.net



Join us for the 26th Spring Festival of Awareness Celebration



Register before March 15th .. Adults pay \$140, Seniors/Teens \$115 plus GST
plus meals and accommodation for the weekend

We prefer registration is done by sending in the registration form located on page 13 with a cheque... but you can register over the phone 1-250-366-0038 or use our toll free 1-888-756-9929 using your credit card.

This celebration happens every year at the Naramata Centre which is a retreat and conference facility owned and operated by the United Church of Canada. The entire site is wheel-chair accessible and is located next to Okanagan Lake near Penticton, BC.

Friday

Onsite Registration starts at 1:30 pm • Dinner is 5:15 - 6:15
Opening Ceremonies start at 7 pm with the Dances of Universal Peace led by Akbar and Sharda, followed by the Introduction of Workshop Leaders and a twenty minute harmonic meditation to conclude the evening.

Refreshment Stations provide herbal teas, organic juices and coffee during the morning and afternoon breaks. This is included in your registration fee.



We ask that you bring a travelling mug so we don't have to wash cups. Thanks!

The Festival Store has space to sell various crafts, crystals, jewellery and more. If you are registered as a participant and want to bring items to be left in the store to sell call the office at 250-366-0038. We take a 20% commission on the items sold.

Weekend Schedule Sunrise Ceremonies start at 6:45 each morning with a variety of Movement and Meditation exercises. A choice of ten workshops start at 8:45 am. Lunch is at 12:15 and the afternoon workshops are from 2 - 5:30 pm. Dinner is followed by a choice of nine more workshops.

Starting at 9:30 pm Saturday night in the Great Hall, (formerly called the Gym), will be Joan Casorso's drummers. Time to shake up the energy until 11 pm. Enjoy some impromptu entertainment including a GarbaGanza Fashion Show and Gisela's Clown Troupe. If you wish to participate in the offerings, give Angèle a call at 1-250-366-0038 or see her onsite.

The Sunday morning schedule is the same except after lunch there is the last set of the workshops, then Closing Circle from 4 to 4:45 pm. No dinner is served on Sunday.



Your Spring Festival Hosts
Angèle and Richard

The Healing Oasis is in the downstairs of McLaren Hall. We have many readers and healers available for private sessions at a rate of \$15 per half hour or \$25 per hour.

Friday sign-up starts at 1:30 pm. Sessions available 3 to 6 pm. Saturday sign-up starts at 8 am with sessions available 9 am to 7 pm and Sunday 9 am to 3:30 pm.

We also have a Reiki Room with drop-in sessions Friday afternoon, continuing Saturday from 12 noon to 7 pm and Sunday from 9 am until 3 pm. Reiki sessions are by donation.

If you wish to work in the Healing Oasis

we offer a trade: 6 hours of healing sessions for a weekend pass and a \$30 credit towards accommodation or meals. There is soup, bread and muffins available to healers anytime in the Healing Oasis. Naramata Center meals and meal times are on page 14. If interested in working contact Christina by email: christina@holisticcounsellor.com or phone her home at 250-490-0735.



Christina Ince.

The Healing Oasis forms are on our website... www.issuesmagazine.net or call the office 1-888-756-9929 and we will fax one to you. You will still need to contact Christina as she does the scheduling.

Accommodation is on a first come basis. Please register early to avoid disappointment. Information and costs are on the registration form which is on page 14.

Meals Please pre-order by April 10, the sooner the better. Naramata Center offers delicious, full course meals with beverage and dessert. If we have cancellations, a few meals could become available at the last minute. There is one restaurant a few blocks away. For meal prices see the registration form on page 14.

**Questions? Call Toll Free
1-888-756-9929**

Workshops & Workshop Leaders

The workshop numbers correspond to the numbers on the overall schedule

Akbar and Sharda

Salmon Arm • 250-832-9733
amurrayk@jetstream.net

Akbar and Sharda approach spirituality from the path of the heart which has guided them for 25 years. They have been instrumental in offering the teachings of Inayat Khan in Canada since 1978 and are founding members of the Sufi Movement in Canada, as well as Rocky Mountain Sufi Camp, held annually at Lake O'Hara for the past twenty-three years.



Workshop #01 Saturday evening

Dances of Universal Peace

These simple, meditative, joyous, multi-cultural circle dances use sacred phrases, chants, music and movements from the many traditions of the earth to touch the spiritual essence within ourselves and others. Based on the work begun in the late 60's by Samuel I. Lewis, they promote peace and integration within individuals and groups worldwide. (2 hours)

They will be leading the Dances of Universal Peace
- Friday evening at 7 pm for all to enjoy.

Pam Shelley

Kelowna • 250-764-8057
wellness@reikikelowna.com

Pamela is a spiritual teacher and holistic healer. She is a Reiki Master teacher, certified Angel Practitioner and BodyTalk Practitioner. She is passionate about inspiring people to reach their full potential.



Workshop #02 Saturday morning

Chakras and Healing Energy

Learn about the chakras, how they relate to your health and well being. What is energy healing and how you can heal yourself, others, plants and animals with Reiki. (3 hours)

Workshop #03 Saturday afternoon

Re-Connecting with Your Angels

Discover how to re-connect with your Angels. Through various techniques you will be able to contact your Guardian Angels and receive a special message from them. (1.5 hours)

Brock Tully

Vancouver • 604-687-1099
speaker@brocktully.com

In 1970 Brock was the first person to ride a bicycle around North America (16,000 km) In 2000 he rode 18,000 km through thirty-three states and seven provinces to raise awareness for kindness. He is author of eight books, songwriter/musician; magician/juggler; college basketball/football coach; triathlete and a drug rehab counsellor.



Workshop #04 Saturday evening

Sitting Down for What We Believe In

Through Brock's two epic bicycle journeys we will take a solution-oriented look at "Bullying at school, violence in the streets, abuse at home, harrassment in the workplace." First half is a presentation and the second half is interactive. (2 hours)

Workshop #05 Sunday afternoon

Our Life's Journey... a Lot of 'Heart' Work

Through slides, music, and lots of fun - we will look at relationships, communication, team work, passion and kindness. Brock's goal is to leave us thinking, smiling and caring more. First half is a presentation and the second half is interactive. (2 hours)

SUNRISE CEREMONIES with Brock, Sunday morning ONLY at 6:45 am in the Sessions Room

Acts of Kindness • Together we will create some anonymous acts of kindness - help us connect to each other.

Brenda Molloy

Kelowna • 250-769-6898
brenmolloy@hotmail.com

Brenda is a Shiatsu Practitioner and Feng Shui Consultant. She follows the Feng Shui teachings of His Holiness Grandmaster Lin Yun. She received her certification in Acupressure and Shiatsu from the Acupressure Institute of Berkeley, California. She instructs classes at the Canadian Institute of Natural Health and Healing.



Workshop #06 Saturday afternoon

Introduction to Tantra

This fun filled time will be spent learning about Tantra and Kundalini energies. Described as a coiled serpent that lies at the base of our spine many yogi's have spent lifetimes harnessing this life force energy. Discover how to switch off the mind and awaken the senses to become aware of your whole body. Please bring a blanket or towel. (3 hours)

Workshop #07 Sunday afternoon

Discover Do-In (Self-Shiatsu)

Do-In is the ancient healing art of self-shiatsu. It enables us to become caregiver to ourselves as we learn to alleviate pain and tension in our bodies. Discover how to stimulate your body's natural healing powers using acupressure points, breathing and a few simple stretches in this fun and practical workshop. Please bring a blanket and/or towel. (2 hours)

Workshop #08 Saturday morning

Korean Hand Therapy

Experience this healing practice based on hand acupuncture micro system developed by Dr. Tae-Woo Yoo in 1971. After a brief intro you will be shown the application of finger pressure, heat and metallic pellets to specific hand points bringing immediate results. Please bring two gold coloured finger rings (gold, brass or copper) and two white finger rings (silver or aluminum). (3 hours)



Joseph Ranallo
Rossland • 250-362-7763
jranallo@selkirk.ca

Joseph is a licenced acupuncturist who manages a part time practice while working full time. He uses Korean Hand Therapy both on its own and to complement other healing modalities.

Workshop #09 Saturday morning

Meeting Self

Vedic Astrology has a strong and philosophic tradition and when this is understood it enables us to consciously enrich our relationships. Initially this can be done through a process of self-acknowledgement and self-awareness. No prior knowledge of Vedic astrology is necessary. (3 hours)



Phyllis Chubb
Westbank • 250-768-0128
aboutyou@telus.net
www.phyllischubb.com

Phyllis uses her training in psychology to bring the wisdom within Vedic Astrology to all who will listen. She has recently returned from India where she teaches and studies in association with the Sri Jagannath Centre.

Workshop #10 Saturday morning

Introduction to Reiki

Hands-on healing is practiced and taught under many names and with variations of method. Reiki is one way to give and receive this ancient art. It can promote deep relaxation, peace of mind, pain management, and provide freedom from stress, anxiety and tension. Learn how Reiki can help you on all levels: physical, mental, emotional and spiritual; and learn how you can help others. Wear comfortable clothes and footwear, bring water to drink, and be prepared to give and receive on the Reiki table. (3 hours)



Christina Ince
Penticton • 250-490-0735
christina@holisticcounsellor.com

Christina is an Holistic Health Practitioner specializing in compassionate counselling, Reiki, and relaxation massage. Long-term steeping in literature and history combined with more recent work with women's, support, and study groups has kept her fascination with people and their stories very much alive. Her passion lies in teaching Reiki at all levels and in encouraging people to allow their primary relationships to bloom to the fullest.

Workshop # 11 Saturday afternoon

Breathe and Be in the Moment

Experience an introduction to rebirthing techniques, a rebirthing session and a sharing period following the session. Please bring a blanket or sleeping bag. This soft and gentle technique will give you the opportunity to contact yourself in the present, to see who are you and where you are going. Breathe through forgiveness using affirmations. (3 hours)



Ewa Luby • Terrace 250-635-0664
cygojme@hotmail.com

Ewa is a breath integration practitioner, rebirther, somatherapist and Gestalt practitioner. She studied in Poland, Germany and France for 10 years before coming to Canada. She has been facilitating rebirthing workshops and individual and family therapy for six years. She believes that watching your breath and body can help you to balance and heal yourself.

Workshop #12 Saturday afternoon

Change Your Shoes, Change Your Views

A tale of one man's journey through personal and medical mayhem as he faces reality of a cancer prognosis. **Warning** : May contain laughter and a happy ending. (1.5 hours)



Maury Fraser
Nelson • 250-359-5901
improvlife@hotmail.com

For the past ten years Maury has been on the path of healing body, mind and soul through an all natural approach. After two rounds of cancer his life has changed dramatically. Maury credits theatre and comedy for assisting his search for a cure and opening his mind to many possibilities.

Workshop #13 Sunday morning

Healing with Humour

A participatory workshop using comedy and theatre as a means to break through self-imposed limitations. Bring an open mind and wear loose clothing. (3 hours)

Alma Anderson

Gibsons 604-886-4882 or 250-366-0038

Alma has been involved in metaphysics for thirty years, partly out of choice but mostly because of seepage from other realms in the form of visions, dreams and verbal nudgings.



Workshop #14 Saturday afternoon

Accessing Magic through the Other Realms

We have lived many times - even on other planets and in other dimensions. Accessing lives of high potency is possible and painless. We will be using light trance and visualizations. (3 hours)

Duncan Harte & Darcy Drobena,
Praxis Centre, Kelowna • 250-860-5686
praxiscentre@thesun.net

Duncan and Darcy are enthusiastic teachers working together since 1997. Their experience includes graduate study in Berkeley, California and working closely with Langara College and the First United Church in Kelowna. They opened Praxis Spiritual Center in August 2002, creating a sacred space where students experience energy-based meditation, healing and aura reading.



Workshop #15 Saturday afternoon

Spiritual Awareness and Meditation

Experience yourself as spirit. Explore key tools such as centering, grounding, the aura/personal space. These tools form the foundation for daily meditation practice and support spiritual awareness in everyday life. (3 hours)

Linda Earnest

Missoula, Montana • 406-549-4373
metaphor@montana.com

Linda is a certified massage therapist with fifteen years experience. She incorporates Energy Balancing, colour therapy, gems and aroma therapy into her practice. She loves teaching and helping others to find their own healing path.



Workshop #16 Saturday evening

Gem Therapy

Different cultures have utilized the powers within crystals and stones for healing the physical body and emotional imbalances. This hands-on workshop will cover an introduction to crystals and stones. Learn care, cleaning and reprogramming, laying-on of stones, general gem and chakra layouts. (2 hours)

James Minckler

Missoula, Montana • 406-549-4373
metaphor@montana.com
www.energybalancing.com

James is the author of two books on Energy Balancing. He has twenty-one years experience teaching groups throughout North America and Europe. His program brings together ancient healing techniques integrated into an easy system to help self and others. Visit his interactive natural health program website.



Workshop #17 Saturday morning

Energy Balancing

This unique and powerful program is used to influence and affect how you feel by eliminating those everyday aches and pains. Explore the body's energy field using easy procedures to detect and balance energy flow. In this hands-on experience learn the practical application of self health. The focus will be on energy, coordination, digestion and elimination. (3 hours)

Workshop #18 Sunday afternoon

Colour Therapy, Chakras & Emotions

Energy Balancing for the spiritual body. Learn to test your aura and how to use colour to balance the chakras. The connection between emotions and specific organs will be discussed. (2 hours)

Margaret Ann Simon

Nakusp • 250-265-2155
touchforhealth@canada.com

Margaret Ann is owner/operator of Coyote Springs in the Kootenays. A specialized kinesiologist using thirty-five modalities integrated into what the body needs. She is a Touch for Health, Reiki and Integrated Bodywork Instructor, a Human Service worker specializing in emotional, traumatic and structural releases.



Workshop #19 Saturday morning

Stress Release Made Easy

How does stress affect your life? Learn some simple remedies to solve life biggest challenges. To heal yourself is to heal the world, one soul at a time. (3 hours)

The numbers indicate the location of the workshop on the map.

WEEKEND SCHEDULE

Saturday

| Location | 8:45am - noon | 2:00 - 3:30 pm | 4:00 - 5:30 pm | 7:15 - 9:15 pm |
|-----------------------------|--|---|--|---|
| 1 Loft | # 17 James Minckler Energy Balancing | # 11 Ewa Luby Breathe and Be in the Moment | | # 01 Akbar & Sharda Dances of Universal Peace |
| 2 North Wing | # 43 Jon-Lee Kootnekoff Beyond the Game | # 14 Alma Anderson Accessing Magic Through Other Realms. | | # 04 Brock Tully Sitting Down for What We Believe In |
| 3 Sessions Room | # 08 Joseph Ranallo Korean Hand Therapy | # 37 Norma Cowie Court Cards of the Tarot | | # 39 Alice Mohr Connecting 'You' with 'You' |
| 4 South Wing | # 09 Phyllis Chubb Meeting Self | # 15 Duncan & Darcy Spiritual Awareness and Meditation | | # 16 Linda Earnest Gem Therapy |
| 5 Maple Court 1 | # 32 Rev. Dale Jukes Spiritual Mind Healing (for Men only) |  | # 53 Christy Boulter Experience GarbaGanza! | # 54 Christy Boulter Experience GarbaGanza! |
| 5 Maple Court 2 |  | # 51 Laurel MacGregor Creating An Elemental Mask |  |  |
| 5 Maple Court 3 | # 19 Margaret Ann Simon Stress Release Made Easy | # 41 Jean Shelemey Our Empowering Dreams or Dream Intreptataion | | |
| 6 upper Alberta Hall | # 29 Henry Dorst Divining Your Path | # 06 Brenda Molloy Introduction to Tantra | | # 46 • Sue Peters Developing and Discovering your 6th Sense |
| 7 lower Alberta Hall | # 02 Pam Shelly Chakras and Healing Energy | # 03 Pam Shelly Re-Connecting with Your Angels | # 12 Maury Fraser Change your Shoes, Change Your Views | # 30 Henry Dorst Reaching Your Greatest Potential |
| 8 Great Hall | # 27 Joan Casorso Rhythms and Patterns | # 28 Joan Casorso The Drum Connecting People | # 21 Hajime Harold Naka The Way of the Healer Warrior | # 34 Gisela Ko Clowning Around |
| 9 Chapel | #50 Phil Larstone Temple of Sound | # 23 Terez Laforge Crystal Bowls & Chakra Sound |  | # 48 Kalaya Leighland Tibetan Bowl Concert of Sound |
| 6 Other | # 10 • Christina Ince Introduction to Reiki in the Healing Oasis |  | # 44 • Aryana Rayne Introduction to the Labyrinth |  |

APRIL 23, 24 & 25th 2004

The numbers indicate the location of the workshop on the map.

| SUNRISE CEREMONIES Both Mornings 6:45 am - 7:30 am | | Sunday | | Location |
|--|---|---|----------------------|---|
| | | 8:45 am - noon | 1:45 - 3:45 pm | |
| Paul Tai Chi Yoga Exercise | # 33 Paul Butte Introduction to Thai Massage | # 18 James Minckler Color Therapy, Chakras and Emotions | | Loft 1 |
| Lynne Awakening Consciously | # 36 Lynne Gordon-Mündel Journey to the Source of Yourself | # 05 Brock Tully Our Life's Journey... a Lot of 'Heart' Work | | North Wing 2 |
| JonLee Douk-a-bore-dan-dee Stretches | # 35 Gisela Ko The Wisdom of Runes | # 42 Jean Shelemey Psycho-Spiritual Meaning of Disease & Visualization Meditation | | Sessions Room 3 |
| Saturday • Norbert Meditation Sunday • Brock Acts of Kindness | # 31 Sharon Taphorn & Kari McCuish Shift Happens | # 40 Alice Mohr A Shaman's Journey | | South Wing 4 |
|  | # 25 • Norbert Maertens Exploring Masculinity in our Society (for men only) |  | | Maple Court 1 5 |
| | # 47 Sue Peters Prana Energy | | Maple Court 2 | |
| | # 20 Jenny Noble Your Dreams Do Make Sense | | Maple Court 3 | |
| Saturday • Sharon Meditation Sunday • Henry Chanting | # 26 Brenda Woolner Uncoupling: Lessons on Reconfiguring an Intimate Relationship | # 07 Brenda Molloy Discover Do-In (Self Shiatsu) | | upper Alberta Hall 6 |
| Phil Harmonic Awakening | # 13 Maury Fraser Healing with Humour | # 38 Norma Cowie How Past Live's Affect You Now! | | lower Alberta Hall 7 |
| Hajime Qi Gong and Tai Chi | # 22 Hajime Harold Naka Moving into Wholeness | # 52 Laurel MacGregor Elemental Journey using Movement Mantras | | Great Hall 8 |
| Kalaya Tibetan Bowl & Prayer Wheel Ceremony | # 24 Terez Laforge Crystal Bowl Continuum | # 49 Kalaya Leighland Tibetan Bowl Concert of Sound | | Chapel 9 |
| Sunday • Aryana The Labyrinth |  | # 45 Aryana Rayne Introduction to the Labyrinth | | Other 7 |

Workshop #20 Sunday morning

Your Dreams do Make Sense!

Wake up to the healing guidance and wisdom flowing to you every night. Learn techniques that translate the wishes of your soul and activate creativity, clarity and confidence at all levels. (3 hours)



Jenny Noble
Quesnel • 250-747-8535 • mohara@goldcity.net

Dreams have always fascinated me, but since studying Active Dreaming with Richard Moss, they have become my most trusted friend. I'm now certified as a teacher of his methods. During my 30 years in the Cariboo, I have homesteaded, raised my son and worked in Forestry before dedicating my energies to Astrology, Tarot and Dreaming.

Workshop #21 Saturday afternoon

The Way of the Healer Warrior

The 21st century needs individuals who feel empowered to make a difference in the world. Come to share your vision with Hajime and other radical visionaries. (1.5 hours)

Workshop #22 Sunday afternoon

Moving into Wholeness

Hajime will guide you through the five healing sounds, eight silk brocade, the dance of the five elements, golden phoenix and other Qi-full exercises, designed to promote vitality, happiness and longevity. (3 hours)



Hajime Harold Naka
Kelowna • 250-762-5982

Hajime (Dancing Dragon) is an Urban Taoist rebel and a playful, healing martial artist. His innovative 'moving into wholeness, Qigong' and 'peace through movement, Tai Chi' is changing the way people move. Hajime has been healing, empowering and liberating society, one body at a time, since 1983.

SUNRISE CEREMONIES with Hajime, BOTH mornings at 6:45 am in the Great Hall (gym)
Qigong & Taiji • Moving in harmony with nature, while feeling centered between heaven and earth.

Workshop # 23 Saturday afternoon

Crystal Bowls and Chakra Sound

The sound of the bowls will move note by note up to the crown chakra and back down to the root chakra, allowing listeners to relax and find inner peace. (1.5 hours)

Workshop # 24 Sunday morning

Crystal Bowls Continuum

The sound of the crystal bowls follows the chakra system up and down the spine. I will have available some chakra supports including charts, sound misters and oils, plus a series of corresponding rights and affirmations. (3 hours)



Terez Laforge
Kamloops 250-374-8672
terez@telus.net

Terez is a student of sound as a transmuter of tension and discord. She uses the crystal bowls to bring relaxation and inner peace to listeners.

Workshop #25 Sunday morning (for men only)

Exploring Masculinity In Our Society

This workshop is about rediscovery, adventure, love, healing, brotherhood, magic and gratitude. Helping to reclaim our core maleness that is being lost in our 'post-modern' times, and finding life's purpose through nature, ritual and community. This workshop is about planting seeds for a better future, breaking out of isolation through community. (3 hours)



Norbert Maertens
Vernon • 250-549-2723 • nmaertens@yahoo.ca

On my journey through life, I've always felt the need to connect with the planet, nature and the spirit in all. As our civilization is losing that precious connection, I've devoted my energy to raise awareness and to be part of the solution. I practice a lifestyle based on voluntary simplicity, as if I have nothing to lose but everything.

SUNRISE CEREMONIES with Norbert, Saturday morning ONLY at 6:45 am in upper Alberta Hall
Meditation • A silent meditation, honoring the four directions and integrating various aspects of eco-spirituality.

Workshop #26 Sunday morning

Uncoupling:

Lessons on Reconfiguring an Intimate Relationship

This session has been designed for separated or divorced people who wish to enhance their personal/spiritual growth. Together we will work through some of the exercises and tasks cited in Brenda's Uncoupling book. (3 hours)



Brenda Woolner
Nelson • 250-354-2010
www.growthwork.ca

Brenda has 19 years experience in the social services sector in Ontario and BC. She is a social worker and life coach offering individual and group coaching, teleclasses and workshops.

Joan Casors • Kelowna • 250-862-9724

joancasorso.innerrhythms@shaw.ca

Joan's focus is to 'Connect People to Community' and allow participants to relax and open to their full potential. She is body/mind/soul, movement/drumming teacher/consultant and Founder of Inner Rhythms Movement which encompasses eastern and western body/mind health, yoga, drumming, dance, theatre and rhythm-based communication activities.



Workshop #27 Saturday morning

Rhythms and Patterns

This Inner Rhythms journey of self discovery will fuse self care, yoga, story, song and movement. Gain usable skills, mindfulness and intention to 'the Practice,' while experiencing the Rhythm ... This universal heartbeat connects, revitalizes and strengthens the Body/Mind/Soul. (The movement component of this class will feature live drumming) Open to all levels, bring mat, blanket, wear loose comfortable clothing (3 hours)

Workshop #28 Saturday afternoon

The Drum - Connecting People to Community

Drumming creates a synergy that communicates beyond the spoken word. The drum's eternal character is always changing. The rhythms, patterns and breaks are all predictable components. They are learned orally, using call/response songs, story, movement and imitation. This djembe hand drumming workshop is open to all levels. Some drums will be provided or bring your own. (1.5 hours)

Henry Dorst

Vancouver • 604-731-1061
thebigconnection@hotmail.com

Henry is a healing intuitive, geomancer, feng shui practitioner, whose mission is to bridge spirit and matter in everyday living.



Workshop #29 Saturday morning

Divining Your Path

Your path is upwards. Health, love, beauty and truth mark the way. How might you better come to identify your destiny's pull? Experience various forms of dowsing and body talk that might help you advance. (3 hours)

Workshop #30 Saturday evening

Reaching Your Greatest Potential

Eventually, we could become all-body instruments who invite the great ideals to which we aspire, to walk, talk and create as us. Meditations, mudras, and powerful chants are part of this class. (2 hours)

SUNRISE CEREMONIES with Henry, Sunday morning ONLY at 6:45 am in upper Alberta Hall

Chanting Together • Join us as we remember our highest intentions, take a chant with you and make it yours, all day.

Sharon Taphorn

Vancouver, BC • 604-874-3770 • staphorm@shaw.ca

As a teenager I learned to cope with being empathic and psychic. Since then I have learned to appreciate and foster these abilities. Once I made that shift, I created the reality I always dreamed of. Today I have a Holistic Healing Practice which includes Reiki-Usui and TeraMai, Ra~Sheeba Master, Shamanic and Energy Healing for animals and their humans, Past Live Regression Therapy, and Transformational Work. I also work in traditional medicine as a Practical Nurse.

Kari McCuish

Courtenay, BC • 250-338 0880 • kmccuish@shaw.ca

Kari is a Master Healer Facilitator who provides TeraMai Reiki, Past Life Regression and Transformation, Animal and Shamanic Healing. She also is a Ra~Sheeba Master. She creates Shift Happens workshops to share simple ways to facilitate the many shifts we experience and return to joy.



Workshop #31 Sunday morning

Shifts Happens

Because we are evolving, Shifts Happen! This workshop is designed to help you consciously Shift your life as you move beyond the drama and out of chaos. Learn to shift and balance your energy as we explore the Chakra's and The Power of your Thoughts using meditation and breath work exercises. In the process you will deepen your understanding of the different ways you hold your power as well as ways to remove blocks, so you are in alignment with your sacred contract. (3 hours)

SUNRISE CEREMONIES with Sharon, Saturday morning ONLY at 6:45 am in upper Alberta Hall

Guided Meditation • We will explore our contracts and thru imagery and music we will go on a journey to remember our Life Plan.

Rev. Dale Jukes • Vernon • 549-4399 or 549-9135

dalelight@hotmail.com

Rev. Dale is a New Thought /metaphysical teacher, healer and minister. He has been involved in New Thought and New Age activities of all kinds all his life. His greatest joy is in being in the presence of an 'ahah' moment.



Workshop #32 Saturday morning

Spiritual Mind Healing (for Men only)

A time for men to explore the Mind-Body connection and how the mind can cure our body. Discussions on why some can and some can't heal will be followed by a few self-help tools to make it happen. (3 hours)

Workshop #33 Sunday morning

Introduction to Thai Massage

A brief overview of Thai Massage and history followed by some hands-on lessons using techniques for a hand and foot massage. Participants can use these tools for themselves, family and friends. (3 hours)



Paul Butte • Oyama • 250-548-0023

itm@itm-britishcolumbia.com

www: itm-britishcolumbia.com

Paul has been studying alternative form of psysiotherapy and bodywork since 1996, In 1998 he began studying Thai Massage in Thailand, returning several time to achieve Level 6 teacher training at the Institute of Thai Massage in Chiang Mai, Thailand.

SUNRISE CEREMONIES with Paul, BOTH mornings at 6:45 am in the Loft

Tai Chi Yoga Exercise • Combination of Thai Chi, Yoga, Qi Gong, strengthening and stretching exercises.

Workshop #34 Saturday evening

Clowning Around

Is there a clown hidden deep inside you? Let's find out in this fun workshop. Bring something funny to wear: a nose, a wig, a hat necktie or whatever you can think of. (2 hours)



Gisela Ko

Grand Forks • 250-442-2391

gixel@sunshinecable.com

Gisela is a shamanic healer working from her home. She has trained extensively under Michael Harner and Sandra Ingerman. She also studies Tibetan, Celtic and Siberian Shamaniam. For fun, she sometimes performs as a clown at children's parties, fairs and other events.

Workshop #35 Sunday morning

The Wisdom of Runes

They were once used all over Northern and Western Europe as letters, as charms and for divination. Let's find out about these mysterious runes through shamanic methods. (3 hours)

Workshop #36 Sunday morning

Journey to the Source of Yourself

We will work with sound, movement and energetic relationship to relax psychic blockages and make us all more available to the currents of life force. Through a group process of sharing and integration you will discover a deeper relationship with your Self. (3 hours)



Lynne Gordon-Mündel

Kamloops • 250-579-9926 • lynnegm@telus.net

In 1981 currents of life force washed through me and I felt my relationship with God directly. From that time forward my work has been about creating space where others also can come to know they are not separate from their creator. Lynne is author of Shamanchild.

SUNRISE CEREMONIES with Lynne, BOTH mornings at 6:45 am in North Wing

Awakening Consciously • Moving from dreamtime into conscious movement, we awaken the body to the day.

Workshop #37 Saturday afternoon

Court Cards of the Tarot

The Court Cards of the Tarot represent attitudes towards life. They show how you think, feel and react the most often. Understand these and you can change your life. (3 hours)



Norma Cowie

White Rock • 604-536-1220

normacowie@dowco.com

Norma has been a student of metaphysics for 40 years. The author of several books and tapes, her presentations are informative, interactive and fun.

Workshop #38 Sunday afternoon

How Past Lives Affect you Now!

Understanding how decisions made in another time affect the now. Learn to release these decisions through an easy and practical method. (2 hours)

Workshop #39 Saturday evening

Connecting 'You' with 'You'

Integrating all levels of consciousness using these awareness tools; intent, breathing techniques, guided meditation, toning, connecting to the third eye, pulse and body points. (2 hours)



Alice Mohr

Penticton 250-492-6864

mohralice@yahoo.com

Alice is a retired R.N., Reiki Master, NLP Master, certified in hands-on Rayid, Reflexology and Acupressure. She has been involved with holistic healing for over forty years.

Workshop #40 Sunday afternoon

A Shaman's Journey

Interactive workshop clearing our sacred space with eagle feathers; creating a healing circle with higher selves, spirit guides, native dance and chants; completing the journey by forming a **10** celestial orchestra. (percussion instruments provided). (2 hours)

Jean Shelemey

Vancouver • 604-739-0070

jrshlemey@aol.com

Jean is a wellness teacher, alternative healer and intuitive counsellor. She has taught across Canada for the last ten years. Her teachings includes meditation, intuition development, vibrational psychology for personal health and empowerment, cancer healing techniques and dream interpretation.



Workshop #41 Saturday afternoon

Our Empowering Dreams or Dream Interpretation

Dreams are messages from your unconscious or internal knowingness. Find out the purpose of dreaming and get guidance on how to recall and interpret dreams to improve your physical, emotional and spiritual well-being. (3 hours)

Workshop #42 Sunday afternoon

Psycho-Spiritual Meaning of Disease and Visualization Meditation

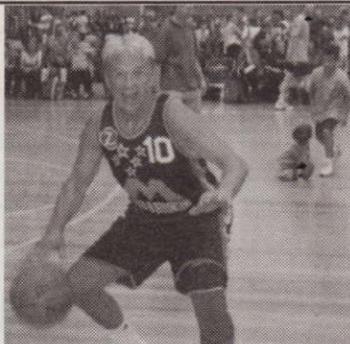
Disease is a manifestation of life showing a need to change, and providing opportunities for soul growth. Learn how negative emotions and emotional blocks create physical disease. A visualization meditation is provided to promote healing and physical wellness and to clear negativity. (2 hours)

Jon-Lee Kootnekoff

Penticton • 493-7309

kootywithlove@yahoo.com

Jon-Lee is one of Canada's top Educational Humourists. He is refreshingly unorthodox, undeniably uplifting, unstuffy and uncanny. A breath of fresh ideas that are creative and innovative.



Workshop #43 Saturday morning

Beyond the Game

Win big with less stress and more fun. This is a 'how-to' taking quantum baby-steps and mini leaps toward paradigm shifting and enjoying life more abundantly. Presented authentically and creatively with lots of humour. (3 hours)

SUNRISE CEREMONIES BOTH with Jon-Lee Kootnekoff, BOTH mornings at 6:45 am in the Sessions Room

Douk-a-bore-dan-dee Stretches • A fun and creative time that will reawaken your soul/spirit and tickle your funny bone.

Aryana Rayne

Vancouver • 604-696-0056

Aryana@telus.net

Aryana Rayne shows people how they can empower and transform themselves through the practice of personal rituals. She leads workshops on building and using labyrinths for healing body, mind and spirit. She is a ceremonialist, healer and professional life coach.



Workshop #44 Saturday afternoon • Workshop #45 Sunday afternoon

Introduction to the Labyrinth

Your Personal Transformation Tool

Since ancient time, labyrinths have been used as ritual tools for the inner journey of healing and for celebration. Their popularity today reflects our desire to have our own personal practices for spiritual growth. Research is showing that walking a labyrinth produces specific healing functions in the human brain. Learn how to build and use labyrinths as a personal ritual for self-empowerment and transformation.

SUNRISE CEREMONIES with Aryana, Sunday morning ONLY at 6:45 am at the Labyrinth

A Higher Vibration • Feel spiritually refreshed, mentally and physically balanced and grounded by walking the labyrinth at sunrise.

Sue Peters

Osoyoos • 250-488-5107

desertsunz@yahoo.ca

Sue has communicated with nature and nature spirits all of her life. As a child, she learned how to walk easily between the spirit world and this physical existence, and this awareness has never left her. Sue's formal training in shamanism has been with an eclectic group of indigenous shaman from the southwestern states. She is also a Reiki and Seichem master and teacher, pranic healer, craniosacral therapist, kinesiologist, Jin Shin Do practitioner, attunement and emotional release therapist, life skills coach and more.



Workshop #46 Saturday night

Developing and Discovering Your 6th Sense

Designed to take you beyond the use of our five normal senses of sight, smell, touch and hearing. We will explore and discover our other senses of telepathy, clairvoyance, clair-sentience and so on. (2 hours)

Workshop #47 Sunday morning

Prana Energy

Prana is the principle of life and consciousness. It permeates life, creating the sun, the clouds, the wind and all forms of matter. This workshop offers you the opportunity to learn how the breathe and the control of it creates prana. Learn how you can change and activate objects and do simple healing techniques using the breath. (3 hours)

Workshop #48 Saturday evening • Workshop #49 Sunday afternoon

Tibetan Bowl Concert of Sound

The effects of Sound are far reaching as It moves across the molecular landscape in an everchanging Wave; transforming Itself and It's environment. Tibetan Bowls are an ancient tool for transformation and movement. Come and immerse yourself in this timeless Sound Bath. (3 hours)



Kalaya Leighland
Mission • 604-751-0070

I have facilitated self-empowerment and transformational workshops and worked with energetic healing modalities for the past twenty years. My inner musings have led me to explore sound as a transformational tool.

SUNRISE CEREMONIES with Kalaya, BOTH mornings at 6:45 am in the Chapel

Tibetan Bowl & Prayer Wheel Meditation • Quiet contemplation with the Bowls.

Come a little early to write your prayer/wish for the Prayer Wheel Ceremony.

Workshop #50 Saturday morning

Temple of Sound

Come, participate in a trinity of sounds that will produce a healing space and creation-attunement. You will experience Toning-in-Communion; Prayer Trance; and Didjeridu Dreamscape. (3 hours)



Phil Larstone
Winlaw • 250-226-7810
gaia@netidea.com

Phil lives in the Kootenays where he aspires to fully savour the mirror and lense of the day to day. It is his grateful inspiration to create wind instruments and delve into the delicious potency of devotional, transcendent, and esoteric sound gates.

SUNRISE CEREMONIES with Phil, BOTH mornings at 6:45 am in Lower Alberta Hall

Harmonic Awakening • Breath, stillness, and inward journey within a gentle summoning of flutesong.

Workshop #51 Saturday afternoon

Creating An Elemental Mask

First we'll discuss Elemental Energies and then we will create a mask or object using plaster strips that can be shaped to our face. The Maple Court will be open throughout the weekend to allow extra time so you may paint or finish your mask or object which can be used Sunday afternoon for the Elemental Journey workshop. (1.5 hours)



Laurel MacGregor
Vancouver • 604-736-6805

Laurel, a Nia Brown Belt/Yoga teacher, is a lifelong dance and yoga enthusiast. She started training in Nia technique in 1993 and became an instructor. "Nia and Yoga have pulled together many movement facets and have given me a framework to communicate body/mind wisdom and discovery to others."

Workshop #52 Sunday afternoon

Elemental Journey using Movement Mantra's

Using visualization, movement and sound we will explore our elemental selves. Some props will be supplied or bring the mask or object you made in the workshop. (2 hours)

Maple Court 2 will be open Sat. 6-7 pm and Sun: 12:30-1:30 pm for the completion of masks. Maple Court 1 will be open Sat. 6-7 pm for finishing the GarbaGanza costumes.

Workshop #53 Saturday afternoon • Workshop #54 Saturday evening

Experience GarbaGanza!

Designed to create laughter and a lighter footstep on Gaia. A playshop program whereby participants play with their imaginations and a variety of reclaimed materials to create costumes for a fashion show. The personalities of the costumes sometimes meld with the characters of the performers creating a myriad of unique expressions as we revision the paradigms surrounding garbage. Saturday evening will be the time for those who wish to be adventurously and perform in a fashion show for the impromptu entertainment segment of the *Saturday Nite Live* in the Great Hall. (formerly called the gym).



Christy Boulter
Vernon • 250-851-0423

Christy is a product of the idealistic back-to-the-land movement. She has revised the paradigms surrounding garbage, promoting it as just another resource to be purposefully utilized. She has been developing many recipes for awakening joy within while taking out the trash.

Register before March 15TH ... Adults pay \$140, Seniors/Teens \$115 plus GST
plus meals and accommodation for the weekend

REGISTRATION FORM

Spring Festival of Awareness, April 23, 24 & 25, 2004

On site registration starts Friday the 23rd at 1:30 pm. Opening Ceremonies at 7 pm

Name 1 _____ Name 2 _____

Please include the address of name 2 if different from name 1.

Address _____

Town _____ Prov. _____ Code _____

Phone _____ email _____

FESTIVAL FEES

| | | Weekend | Saturday only | Sunday only |
|------------------------------------|-------------------------------------|---------|------------------|----------------|
| ADULTS | on or before March 15th | \$ 140 | \$ 95 | \$ 55 |
| | March 16th—April 18th | \$ 165 | \$ 110 | \$ 65 |
| | April 19th and on site registration | \$ 175 | \$ 115 | \$ 70 |
| SENIORS 65 yrs+ & Teens (13-19) | on or before March 15th | \$ 115 | \$ 80 | \$ 45 |
| | March 16th—April 18th | \$ 140 | \$ 95 | \$ 50 |
| | April 19th and on site registration | \$ 150 | \$ 105 | \$ 55 |

REGISTRATION TOTALS.... Please register early if you wish to stay on site

Festival Fees

___ Adults @ _____ = \$ _____
___ Teens/Seniors @ _____ = \$ _____

*Meals (from other side) Breakfast 7:30am, Lunch 12noon, Dinner 5:15 pm \$ _____

**Accommodation (from other side) \$ _____

Subtotal \$ _____

add 7% GST \$ _____

Grand Total \$ _____

Amount enclosed \$ _____ (50% deposit required)

Balance ... payable at the door \$ _____

Refunds (less \$25) require a written or faxed request received by April 10 and will be processed after the event.

We prefer that participants register by completing this form and sending a cheque to:

Visions Unlimited, Spring Festival: RR 1, Site 4, C 31, Kaslo, BC VOG 1M0

We do not mail receipts. If you need confirmation please give us time to process the form and then call the number below.

If paying by credit card you may register by phone or fax at the numbers below or email: angele@issuesmagazine.net

250-366-0038 or 1-888-756-9929 or ... fax 250-366-4171

or register online at www.issuesmagazine.net

*MEALS....Please preorder by APRIL 10

Meal packages

- 1) 6 meals • Fri dinner to Sun lunch \$64.00 _____
 2) 5 meals • Sat break to Sun lunch \$49.00 _____

or select the ones you want... →

Meal Service Times - the kitchen stays open for one hour.
 Breakfast at 7:30 am • lunch at 12 noon • dinner at 5:15 pm

Please circle if you have a preference for ...

NO DAIRY NO WHEAT NO FISH

INDIVIDUAL MEALS

| | | |
|----------------|----------|-------|
| Fri. Dinner | \$ 15.50 | _____ |
| Sat. Breakfast | \$ 8.00 | _____ |
| Sat. Lunch | \$ 9.00 | _____ |
| Sat. Dinner | \$ 15.50 | _____ |
| Sun. Breakfast | \$ 8.00 | _____ |
| Sun. Lunch | \$ 9.00 | _____ |

* Meals Total \$

\$

*Please enter \$ on other side

Meals include soup, salad, entree and dessert, plus coffee and tea, juice or milk.

All meals are vegetarian except Saturday dinner option of fish.

When being served please let the server know if you requested NO DAIRY, NO WHEAT or NO FISH

Please order meals by April 10. This really helps make our job easier. Only if there are last minute cancellations will we have onsite meals available. There is one restaurant off site nearby. Please bring a travelling mug for refreshment breaks.

****ACCOMMODATION REQUIRED? YES _____ NO _____**

2 night Weekend rates only! No one night registrations... try the motels. (see below)

Check out time is 12 noon on Sunday.

Please be sure to check out on time as all late check outs will be charged for a half day stay.

Please check your choice, descriptions below, then fill it in on the bottom line

- Maple Court Private \$115, Shared \$70 per person or \$130 for a couple
 Alberta Hall Private \$75, Shared - \$52 each, 2 to a room, women only
 Cabins Shared \$52 each, 3 to 6 people in a cabin
 R.V. Space \$ 21.00 per night .. includes electrical hook-up
 Tent \$ 17.00 per night .. no power

R.V. & tent spaces have a central bathroom with shower and a picnic area.

- or rent your own space by phoning these local Motels: **B.C. Motel (250) 496-5482**
 both located nearby, 3 blocks off site **Village Motel (250) 496-5535**

Maple Court and **Alberta Hall** have no cooking facilities. Maple Court has one double bed, one single bed and a bathroom. **Alberta Hall** is a two floor dorm with 2 single beds to a room and a large bathroom on each floor. **Cabins** are spread around the site, each have a kitchen and bathroom, double and single beds and hideabeds (depending on the size of the cabin).

Bedding and towels are included in the price.

Accommodation spaces fill quickly and are on a first come, first served basis. If you want a specific lodging, please register early and ask—we'll try. We will notify you if your request is not available. Some spaces are available for pre/post festival stays, please let us know if you plan to stay extra nights.

Preferred accommodation _____ **

\$

Please transfer the food and accommodation costs to the other side of this form.

CHECK OUT TIME IS 12 NOON SUNDAY
LATES WILL BE CHARGED FOR HALF DAY STAY
ALL PRICES for two nights (Friday & Saturday)